



Dr. Vyacheslav Alec Pekler NMD

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Frequently asked questions

How can you help me with my health problem?

Dr. Pekler uses traditional and innovative approaches to assessing and treating your health. You have been examined by your doctor, had blood tests done, x-rays or other diagnostic tests taken, only for your doctor to report back that all your tests are normal. Or they did come back abnormal and you and your doctor started treatment with a conventional approach using pharmaceutical agents or surgery. However, this approach has not improved your health or did not provide the outcome you expected. As a Naturopathic Doctor, Dr. Pekler looks for many causes of illness: such as, food allergies, hidden infections, environmental toxins, mold exposures, nutritional deficiencies, and metabolic imbalances that our evaluation and testing uncover.

Dr Pekler uses variety of testing techniques and procedures to help patients recover from many chronic and difficult to treat conditions. These same methods help prevent illness. Dr. Pekler was trained in evaluating, assessing and treating chronic problems such as fibromyalgia, fatigue syndromes, autoimmune diseases, inflammatory disorders, mood and behavior disorders, memory problems and other chronic, complex conditions. Dr. Pekler also focuses on the prevention and treatment of heart disease, diabetes, dementia, hormonal imbalances and digestive disorders.

Will I need a blood test and where do I get that done?

During your consultation, we will determine which tests are needed to evaluate your health. We will review the testing recommendations, instructions (e.g. fasting or non-fasting, etc.), and costs. Most of the testing requires you to go to an outside facility to draw blood (an order form is provided to take to the facility). Some tests are only available through specialty laboratories, while others can be done at home to collect urine, saliva, or stool. In all cases, we assist you in coordinating initial and follow-up testing.

Do you take insurance?

Cash pricing has been negotiated on most of our diagnostic testing. The cash prices are up to a 95% discount off list pricing and often are less expensive than submitting a bill to insurance. The testing is cutting-edge and therefore not accepted by most insurance companies as it is not considered "mainstream". Nutritional consultation services are typically not covered by insurance or Medicare. However, we provide a detailed receipt for services performed and you



can submit that to your PPO insurance carriers or Health Savings Account as some carriers partially cover medical services and laboratory tests. Payment in full by cash, check, credit card, or any combination is due when services and tests are provided.

What credit cards do you accept?

We accept the following credit cards: Visa ,Master Card, Discover and American Express. An active credit card is kept on file at the office to bill follow-up consultations, laboratory testing, and other services.